

# GUIDELINES FOR SWITCHING STIMULANT ADHD MEDICATIONS

For additional medications and online calculator go to: <https://www.adhdmedcalc.com/>

## METHYLPHENIDATE TO METHYLPHENIDATE/DEXMETHYLPHENIDATE

MPH, <i>Short-Acting</i> (Ritalin <sup>®</sup> , Methylin <sup>™</sup> )	MPH, <i>Intermediate-Acting</i> (Methylin ER <sup>™</sup> )	MPH, <i>Short-Acting</i> (Ritalin <sup>®</sup> , Methylin <sup>™</sup> )	MPH, <i>Long-Acting</i> (Concerta <sup>®</sup> )
10 mg BID	20 mg daily	5 mg BID or TID	18 mg daily
20 mg BID	40 mg daily	10 mg BID or TID	36 mg daily
		15 mg BID or TID	54 mg daily
		20 BID or TID	72 mg daily

  

MPH, <i>Short-Acting</i> (Ritalin <sup>®</sup> , Methylin <sup>™</sup> )	Dex-MPH (IR: Focalin <sup>®</sup> ; ER: Focalin <sup>®</sup> XR)	MPH, <i>Short-Acting</i> (Ritalin <sup>®</sup> , Methylin <sup>™</sup> )	MPH, <i>Long-Acting</i> (Ritalin LA <sup>®</sup> )
5 mg BID	IR: 2.5 mg BID XR: 5 mg daily	5 mg BID	10 mg daily
10 mg BID	IR: 5 mg BID XR: 10 mg daily	10 mg BID	20 mg daily
20 mg BID	IR: 10 mg BID XR: 20 mg daily	15 mg BID	30 mg daily
		20 mg BID	40 mg daily
		30 mg BID	60 mg daily

## METHYLPHENIDATE TO AMPHETAMINES

MPH, <i>Short-Acting</i> (Ritalin <sup>®</sup> )	Dex-AMP, <i>Intermediate-Acting</i> (Dexedrine Spansule <sup>®</sup> )	MPH, <i>Short-Acting</i> (Ritalin <sup>®</sup> )	Mixed AMP (IR: Adderall <sup>®</sup> ; ER: Adderall XR <sup>®</sup> )
5 mg BID	5 mg daily	5 mg BID	IR: 2.5 mg BID XR: 5 mg daily
10 mg BID	10 mg daily	10 mg BID	IR: 5 mg BID XR: 10 mg daily
20 mg BID	20 mg daily	20 mg BID	IR: 10 mg BID XR: 20 mg daily

## AMPHETAMINES TO AMPHETAMINES

Dex-AMP, <i>Short-Acting</i> (generic only)	Dex-AMP, <i>Intermediate-Acting</i> (Dexedrine Spansule <sup>®</sup> )	Mixed AMP, <i>Short-Acting</i> (Adderall <sup>®</sup> )	Mixed AMP, <i>Long-Acting</i> (Adderall XR <sup>®</sup> )
5 mg BID	10 mg daily	7.5 mg BID*	15 mg daily
10 mg BID	20 mg daily	15 mg BID*	30 mg daily

  

Mixed-AMP (IR: Adderall <sup>®</sup> ; ER: Adderall XR <sup>®</sup> )	Lisdexamfetamine, <i>Long-Acting</i> (Vyvanse <sup>®</sup> )	Dex-AMP, <i>Short-Acting</i> (generic only)	Lisdexamfetamine, <i>Long-Acting</i> (Vyvanse <sup>®</sup> )
IR: 15 mg BID XR: 30 mg daily	70 mg daily	10 mg BID	50 mg daily

**KEY:** **BID** Twice daily; **Dex-AMP** Dextroamphetamine; **Dex-MPH** Dexmethylphenidate; **DR** Delayed release; **ER/XR** Extended release; **IR** Immediate release; **LA** Long-Acting; **Mixed AMP** Mixed amphetamine salts; **MPH** Methylphenidate; **TID** Three times daily; \* *Correction (Mar 2025)*