AUDIT-C for Alcohol Use

- Bush K, et al. Arch Intern Med. 1998

For each question, please circle the answer that is correct for you

1. How often did you have a drink containing alcohol in the past year?

Never

Monthly or Less

2 to 4 Times a Month

2 to 3 Times a Week 4 or More Times a Week

2. How many drinks containing alcohol did you have on a typical day when you were drinking in the past year? <u>Skip this question if you never drink alcohol</u>

1 to 2 Drinks

3 to 4 Drinks

5 to 6 Drinks

7 to 9 Drinks

10 or More Drinks

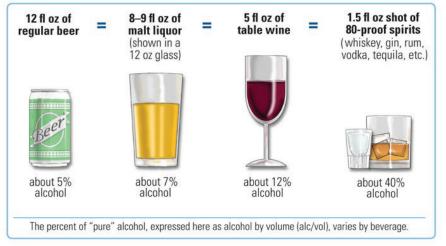
3. How often did you have 6 or more drinks on one occasion in the past year?

Never	Less than Monthly	Monthly	Weekly D	aily or Almost Daily
For Office Use Only				
0	1	2	3	4

Drinking Alcohol

A "standard drink" is any drink that contains about 0.6 fluid ounces of pure alcohol.

Anything larger or stronger is more than one drink.



Do friends or relatives complain or worry about your drinking?

Do you sometimes think you need to cut down on your drinking?

Do you ever NOT do something you were expected to do because of your drinking?

https://commons.wikimedia.org/w/index.php?curid=46288449 http://www.niaaa.nih.gov/alcohol-health/overview-alcohol-consumption/what-standard-drink

If you are bothered by your drinking, there are medications, behavioral therapies, and support groups that can help.

