

Supplemental Nutrition Assistance Program Ed

Institute for Families in Society Improving Policy. Advancing Practice. Strengthening Communities and Family Well-Being.

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SNAP-Ed Summary: Berkeley County

FFY2024

Direct Education (DE) Series

MyPlate: None

Cooking Matters at the Store: 3 Cooking Matters for Adults: None Coordinated Approach to Child Health (CATCH): None Cooking Matters POP-UP: None Walk with Ease: None Cooking Matters - Other: None Tiny Taste: None It's Your Health Take Charge (IYHTC): None Cooking Matters for Kids: None Cooking Matters for Teens: None

Health Matters: None Cooking Matters for Parents: None Kids in the Kitchen: None Cooking Matters for Families: None

Policy, Systems, and Environmental (PSE) Change Interventions Strategies

| PSE_1:None | PSE_17:None | PSE_33:None | PSE_49:None |
|------------------|--------------|-------------|-------------|
| PSE_2:2 | PSE_18: None | PSE_34:None | PSE_50:None |
| PSE_3:2 | PSE_19:None | PSE_35:None | PSE_51:None |
| PSE_4:None | PSE_20:None | PSE_36:None | PSE_52:None |
| PSE_5:None | PSE_21:None | PSE_37:None | PSE_53:None |
| PSE_6:None | PSE_22:None | PSE_38:None | PSE_54:None |
| PSE_7:None | PSE_23:None | PSE_39:None | PSE_55:None |
| PSE_8:None | PSE_24:None | PSE_40:None | PSE_56:None |
| PSE_9: 1 | PSE_25:None | PSE_41:None | PSE_57:None |
| PSE_10: None | PSE_26:None | PSE_42:None | PSE_58:None |
| PSE_11: None | PSE_27:None | PSE_43:None | PSE_59:None |
| PSE_12: 1 | PSE_28:None | PSE_44:None | PSE_60:None |
| PSE_13: None | PSE_29:None | PSE_45:None | PSE_61:None |
| PSE_14: None | PSE_30:None | PSE_46:None | PSE_62:None |
| PSE_15: None | PSE_31:None | PSE_47:None | |
| PSE_16:None | PSE_32:None | PSE_48:None | |





| Header | Definition |
|------------------|--|
| PSE 1 | Initiation, improvement, expansion, reinvigoration or maintenance of edible gardens |
| PSE 2 | Ongoing, point-of-decision prompts to make a healthy eating behavior choice (could include signage, taste tests, and other interactive displays) |
| PSE 3 | Clients have the opportunity to choose at least some foods they would like to take from food parties, food banks, or soup kitchens (i.e. a client-choice model) |
| PSE 4 | New food bank, food pantry, or emergency food distribution site |
| PSE 5 | Opportunities for parents/students/community to access fruits and vegetables from the garden |
| PSE 6 | Opportunities for parents/students/community to work in the garden |
| PSE 7 | Use of the garden for nutrition education |
| PSE_8 | Mechanism for distributing seedlings and/or other materials to families or communities for home gardening |
| PSE 9 | Increased space/amount/variety of healthy options (includes shelf space, number of booths, options on menus) |
| PSE 10 | Increased spectramedrates of nearby options (includes she space, name of boots, options of menas) |
| PSE_11 | Onsite garden produce for meals/snacks provided onsite |
| PSE_11 PSE_12 | Storage for fresh produce and other perishable foods |
| PSE_12 PSE_13 | Food system transportation options (to increase food access opportunities) |
| PSE 14 | Mechanism for distributing produce to families or communities (e.g. gardens, or farmer's markets) |
| PSE_14 PSE 15 | Use of a clinical screening tool for food insecurity and/or a referral system to nutrition or healthy food access resources (e.g. direct education, food bag, resource list, produce prescription, etc.) |
| PSE_15 | Novel distribution systems to reach high-risk populations, such as home delivery for the elderly, backpack programs, etc. |
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| PSE_17 PSE_18 | Physical activity facilities, equipment, structures, or outdoor space |
| | Appeal, layout or display of meal food/beverages to encourage healthy and discourage unhealthy selections |
| PSE_19 | Appeal, layout or display of snack or competitive foods to encourage healthier selections Menus/recipes (variety, guality, etc.) |
| PSE_20 | |
| PSE_21 | Ongoing, point-of-decision prompts to make physical activity choices (could include signage and other interactive educational displays to prompt physical activity such as walking, stairs, or bicycle paths |
| PSE_22 | Farm-to-table/use of fresh or local produce |
| PSE_23 | Opportunities for unstructured physical activity time/free play |
| PSE_24 | Professional development opportunities on nutrition (e.g. nutrition standards, gardening, breastfeeding, etc.) |
| PSE_25 | Facility shared use agreement for physical activity |
| PSE_26 | Food programs (CACFP, TEFAP, summer meals, emergency food, NSLBP, etc.) including improvements in referral and enrollment procedures |
| PSE_27 | Healthy check out areas |
| PSE_28 | Improvements in hours of operation for food distribution site, food bank, retail, cafeteria, etc. to improve convenience of/access to healthy food |
| PSE_29 | Integrate culturally relevant, healthy, traditional foods at food service or distribution sites |
| PSE_30 | Kitchen/food preparation facilities that allow for healthier or more appealing options or nutrition education (e.g. refrigeration, appliances that allow for scratch cooking or cooking classes, etc.) |
| PSE_31 | Policy related to edible gardens |
| PSE_32 | Acceptance and use of SNAP/EBT/WIC |
| PSE_33 | Collection or gleaning of excess healthy foods for distribution to clients, needy individuals, or charitable organizations |
| PSE_34 | Healthy beverage options |
| PSE_35 | Healthy food/beverage defaults (whole wheat bread, salad, or fruit instead of fries, water instead of soda, etc.) |
| PSE_36 | Incorporated physical activity/reduced sitting during usual, on-going site activities and functions |
| PSE_37 | Opportunities for structured physical activity |
| PSE_38 | Partners adopt or improve use of a system to monitor implementation of physical activity policies |
| PSE_39 | Physical activities to incorporate more culturally relevant practices |
| PSE_40 | Policy that encourages the establishment of new healthy retail outlets |
| PSE_41 | Use of standardized, healthy recipes |
| PSE_42 | Access to exercise or recreation facilities |
| PSE_43 PSE_44 | Access to physical activity facilities for after-hours recreation or shared use |
| | Food purchasing/donation specifications or vendor agreements towards healthier food(s)/beverages |
| PSE_45 | Food safety practices |
| PSE_46 PSE_47 | Free water access, taste, quality, smell, or temperature Incorporation of physical activity into the school day or during classroom-based instruction (not recess/free play or PE) |
| PSE_47 PSE_48 | Quality of structured physical activity (non-PE) (e.g. activities that increase time moving, evidence-based interventions, etc.) |
| PSE_48 PSE_49 | Quality of structured physical activity (non-PE) (e.g. activities that increase time moving, evidence-based interventions, etc.) Access or safety of walking or bicycling paths |
| PSE_49 PSE 50 | Addition of bike racks/storage |
| PSE_50 PSE 51 | Cafeteria/dining/serving areas or facilities |
| PSE_51 PSE_52 | Food system/policy council |
| PSE_52 PSE_53 | Implementation of guidelines for healthier snack options |
| PSE_53 PSE_54 | New or improved standards for healthier eating across the organization |
| PSE_54 PSE 55 | Playground markings/stencils to encourage physical activity |
| | |
| PSE_56 | Policy for increasing or improving nutrition education or cooking activities |
| PSE_57 | Policy increasing healthy foods and beverages |
| PSE_58 | Policy that encourages the establishment of new food distribution sites, food banks, food pantries, etc. |
| PSE_59 | Policy to increase time spent doing physical activity |
| PSE_60 | Policy to provide incentive to increase time spent doing physical activity |
| PSE_61 | Price manipulation/coupons/discounts to encourage healthy food choices (including fruit & vegetable prescriptions with cost-offset) |
| PSE_62 | Zoning policy for food/beverage outlets (e.g. stores, community gardens, farmers markets, food distribution sites, etc.) |