

Institute for Families in Society Improving Policy. Advancing Practice. Strengthening Communities and Family Well-Being.

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SNAP-Ed Summary: Beaufort County

FFY2024

Direct Education (DE) Series

MyPlate: None

Cooking Matters at the Store: 3 Cooking Matters for Adults: None Coordinated Approach to Child Health (CATCH): None Cooking Matters POP-UP: None Walk with Ease: None Cooking Matters - Other: None Tiny Taste: None It's Your Health Take Charge (IYHTC): None Cooking Matters for Kids: None Cooking Matters for Teens: None

Health Matters: None Cooking Matters for Parents: None Kids in the Kitchen: None Cooking Matters for Families: None

Policy, Systems, and Environmental (PSE) Change Interventions Strategies

PSE_1:None	PSE_17:None	PSE_33:None	PSE_49:None
PSE_2:3	PSE_18: 1	PSE_34:None	PSE_50:None
PSE_3: 4	PSE_19:None	PSE_35:None	PSE_51:None
PSE_4:None	PSE_20: 3	PSE_36:None	PSE_52:None
PSE_5:None	PSE_21:None	PSE_37:None	PSE_53:None
PSE_6:None	PSE_22: None	PSE_38:None	PSE_54:None
PSE_7:None	PSE_23:None	PSE_39:None	PSE_55:None
PSE_8:None	PSE_24:None	PSE_40:None	PSE_56:None
PSE_9:None	PSE_25: None	PSE_41:None	PSE_57:None
PSE_10:None	PSE_26:None	PSE_42:None	PSE_58:None
PSE_11: None	PSE_27:None	PSE_43:None	PSE_59:None
PSE_12: None	PSE_28: 1	PSE_44:None	PSE_60:None
PSE_13: None	PSE_29: None	PSE_45:None	PSE_61:None
PSE_14: None	PSE_30:None	PSE_46:None	PSE_62:None
PSE_15: None	PSE_31:None	PSE_47:None	
PSE_16:None	PSE_32:None	PSE_48:None	





Header	Definition
PSE 1	Initiation, improvement, expansion, reinvigoration or maintenance of edible gardens
PSE 2	Ongoing, point-of-decision prompts to make a healthy eating behavior choice (could include signage, taste tests, and other interactive displays)
PSE 3	Clients have the opportunity to choose at least some foods they would like to take from food parties, food banks, or soup kitchens (i.e. a client-choice model)
PSE 4	New food bank, food pantry, or emergency food distribution site
PSE 5	Opportunities for parents/students/community to access fruits and vegetables from the garden
PSE 6	Opportunities for parents/students/community to work in the garden
PSE 7	Use of the garden for nutrition education
PSE_8	Mechanism for distributing seedlings and/or other materials to families or communities for home gardening
PSE 9	Increased space/amount/variety of healthy options (includes shelf space, number of booths, options on menus)
PSE 10	Increased spectramedrates of nearby options (includes she space, name of boots, options of menas)
PSE_11	Onsite garden produce for meals/snacks provided onsite
PSE_11 PSE_12	Storage for fresh produce and other perishable foods
PSE_12 PSE_13	Food system transportation options (to increase food access opportunities)
PSE 14	Mechanism for distributing produce to families or communities (e.g. gardens, or farmer's markets)
PSE_14 PSE 15	Use of a clinical screening tool for food insecurity and/or a referral system to nutrition or healthy food access resources (e.g. direct education, food bag, resource list, produce prescription, etc.)
PSE_15	Novel distribution systems to reach high-risk populations, such as home delivery for the elderly, backpack programs, etc.
PSE_17 PSE_18	Physical activity facilities, equipment, structures, or outdoor space
	Appeal, layout or display of meal food/beverages to encourage healthy and discourage unhealthy selections
PSE_19	Appeal, layout or display of snack or competitive foods to encourage healthier selections Menus/recipes (variety, guality, etc.)
PSE_20	
PSE_21	Ongoing, point-of-decision prompts to make physical activity choices (could include signage and other interactive educational displays to prompt physical activity such as walking, stairs, or bicycle paths
PSE_22	Farm-to-table/use of fresh or local produce
PSE_23	Opportunities for unstructured physical activity time/free play
PSE_24	Professional development opportunities on nutrition (e.g. nutrition standards, gardening, breastfeeding, etc.)
PSE_25	Facility shared use agreement for physical activity
PSE_26	Food programs (CACFP, TEFAP, summer meals, emergency food, NSLBP, etc.) including improvements in referral and enrollment procedures
PSE_27	Healthy check out areas
PSE_28	Improvements in hours of operation for food distribution site, food bank, retail, cafeteria, etc. to improve convenience of/access to healthy food
PSE_29	Integrate culturally relevant, healthy, traditional foods at food service or distribution sites
PSE_30	Kitchen/food preparation facilities that allow for healthier or more appealing options or nutrition education (e.g. refrigeration, appliances that allow for scratch cooking or cooking classes, etc.)
PSE_31	Policy related to edible gardens
PSE_32	Acceptance and use of SNAP/EBT/WIC
PSE_33	Collection or gleaning of excess healthy foods for distribution to clients, needy individuals, or charitable organizations
PSE_34	Healthy beverage options
PSE_35	Healthy food/beverage defaults (whole wheat bread, salad, or fruit instead of fries, water instead of soda, etc.)
PSE_36	Incorporated physical activity/reduced sitting during usual, on-going site activities and functions
PSE_37	Opportunities for structured physical activity
PSE_38	Partners adopt or improve use of a system to monitor implementation of physical activity policies
PSE_39	Physical activities to incorporate more culturally relevant practices
PSE_40	Policy that encourages the establishment of new healthy retail outlets
PSE_41	Use of standardized, healthy recipes
PSE_42	Access to exercise or recreation facilities
PSE_43 PSE_44	Access to physical activity facilities for after-hours recreation or shared use
	Food purchasing/donation specifications or vendor agreements towards healthier food(s)/beverages
PSE_45	Food safety practices
PSE_46 PSE_47	Free water access, taste, quality, smell, or temperature Incorporation of physical activity into the school day or during classroom-based instruction (not recess/free play or PE)
PSE_47 PSE_48	Quality of structured physical activity (non-PE) (e.g. activities that increase time moving, evidence-based interventions, etc.)
PSE_48 PSE_49	Quality of structured physical activity (non-PE) (e.g. activities that increase time moving, evidence-based interventions, etc.) Access or safety of walking or bicycling paths
PSE_49 PSE 50	Addition of bike racks/storage
PSE_50 PSE 51	Cafeteria/dining/serving areas or facilities
PSE_51 PSE_52	Food system/policy council
PSE_52 PSE_53	Implementation of guidelines for healthier snack options
PSE_53 PSE_54	New or improved standards for healthier eating across the organization
PSE_54 PSE 55	Playground markings/stencils to encourage physical activity
PSE_56	Policy for increasing or improving nutrition education or cooking activities
PSE_57	Policy increasing healthy foods and beverages
PSE_58	Policy that encourages the establishment of new food distribution sites, food banks, food pantries, etc.
PSE_59	Policy to increase time spent doing physical activity
PSE_60	Policy to provide incentive to increase time spent doing physical activity
PSE_61	Price manipulation/coupons/discounts to encourage healthy food choices (including fruit & vegetable prescriptions with cost-offset)
PSE_62	Zoning policy for food/beverage outlets (e.g. stores, community gardens, farmers markets, food distribution sites, etc.)